

**Special Health Resources for Texas, Inc
Wellspring Recovery Center
Longview, Texas
TI 14484**

Authorized Representative

Wendell Hicks
P.O. Box 2709
Longview, TX 75606
(903) 234-0936
(903) 234-9769 fax
jhicks026@aol.com

Project Director

Wanda Kennel
P.O. Box 2709
Longview, TX 75606
(903) 234-0936
(903) 234-9769 fax
wkennel@shrt.net

Evaluator

Not available

Contact

Clarice Jones
P.O. Box 2709
Longview, TX 75606
(903) 234-1688
(903) 234-1303 fax

SAMHSA Grants Specialist

Kathleen Sample
5600 Fishers Lane
Rockwall II, Suite 630
Rockville, MD 20857
(301) 443-9667
(301) 443-6468 fax
ksample@samhsa.gov

CSAT Project Officer

Stella Jones
5600 Fishers Lane
Rockwall II, Suite 740
Rockville, MD 20852
(301) 243-2297
(301) 443-3543 fax
sjones@samhsa.gov

B&D ID

23102

PROJECT DESCRIPTION

Expansion or Enhancement Grant—Expansion and Enhancement

Program Area Affiliation—Reducing Disparities (Hispanic and African American); Co-Occurring Substance Abuse

Congressional District and Congressperson—Texas 4; Ralph M. Hall

Public Health Region—VI

Purpose, Goals, and Objectives—The goals of the proposed project are as follows: (1) to improve treatment effectiveness through improved physical and mental health; increased self-sufficiency, including employment, legal income, and public assistance status; and increased social support and functioning, including family and social relationships and living arrangements; (2) to improve treatment efficacy through increased utilization of treatment; increased retention rates, and increased completion rates; and (3) to reduce HIV risk behaviors within the last 30 days through increasing use of a condom or latex barrier during vaginal, anal, or oral sex; reducing injecting drug use; reducing sharing of drug-use equipment; and reducing high numbers of sex partners in the past 6 months. (page 8)

Target Population—Men and women with co-occurring substance abuse and HIV/AIDS diagnosis. (abstract) Injecting drug users who are African American and Hispanic/Latino MSM and at risk non-injecting MSM 18 years and older who reside in the State of Texas. (page 9)

Geographic Service Area—The target population who reside in the State of Texas. (page 9)

Drugs Addressed—Drugs are not specified.

Theoretical Model—Residential treatment. (abstract) The staff is trained in the stages of change, a model of change that is also applied to addictive behaviors. (page 13) In addition, Wellspring Recovery will incorporate the Self-Adjusting Treatment Evaluation Model. (page 17)

Type of Applicant—Non-profit

SERVICE PROVIDER STRUCTURE

Service Organizational Structure—Wellspring Recovery Center is a statewide program that receives clients through HIV early intervention case managers all over the state. (page 9) Management of the proposed project will be under Special Health Resources for Texas, Inc. (page 18)

Service Providers—Special Health Resources has established a continuum of referrals to meet substance abuse needs within the region. Providers include the Sabine Valley Center's Substance Abuse Division, the Northeast Texas Council on Alcohol and Drug Abuse, Woodbine Treatment, Pride Institute, Beginnings Program, and the East Texas Methadone Clinic. (page 12)

Services Provided—Services provided include residential and outpatient treatment and mental health services. (abstract)

Service Setting—The 5,000 square foot handicapped-accessible facility is designed to meet the varied needs of the individuals being served. (page 11)

Number of Persons Served—The program proposes to serve 24 additional clients per year (page 11), resulting in a total of 156 clients per year.

Desired Project Outputs—Individual counseling and intensive case management will reduce HIV risk behaviors, mental health crises, and relapse of participants. (abstract) Outcomes consistent with achieving the program goals are (1) improvement of treatment effectiveness through improved physical and mental health; increased self-sufficiency, including employment, legal income, and public assistance status; and increased social support and functioning, including family and social relationships and living arrangements; (2) improvement of treatment efficacy through increased utilization of treatment; increased retention rates, and increased completion rates; and (3) reduction of HIV risk behaviors within the last 30 days through increasing use of a condom or latex barrier during vaginal, anal, or oral sex; reducing injecting drug use; reducing sharing of drug-use equipment; and reducing high numbers of sex partners in the past 6 months. (page 8)

Consumer Involvement—To elicit continued input into planning and implementation of quality dual-diagnosis services, the client completes anonymous surveys that are collected, compiled, and evaluated by the quality improvement committee of Special Health Resources. This committee includes alumni of Wellspring and a family member of an alumnus. This committee meets quarterly and evaluates and recommends improvements for quality improvement to the program. (page 12)

EVALUATION

Strategy and Design—To meet the goals of the project, some strategies that are put in place include medical therapy and monitoring by staff physician; provision of 24-hour medical monitoring; provision of a greater fund of information and experience for clients to draw from; exposure of clients and family members to other group members who show improvement and provide hope; development of a baseline for outcome measurement; and increasing knowledge about the effects of alcohol and other drugs. (pages 24–28)

Evaluation Goals/Desired Results—Evaluation outcomes include the following: improved physical and mental health; increased self-sufficiency, including employment, legal income, and public assistance status; increased social support and functioning, including family and social relationships and living arrangement; increased utilization of treatment; increased retention rates; increased completion rates; increased use of a condom or latex barrier during vaginal, anal, or oral sex; reduced injection drug use; reduced sharing of drug-use equipment; and reduced number of sex partners in the past 6 months. (page 8)

Evaluation Questions and Variables—Evaluation questions and variables are not specified. The variable would probably include treatment effectiveness and efficacy and HIV risk reduction.

Instruments and Data Management—The proposal briefly describes Special Health Resources experience in data management. There is no description of data management plans for the current proposal.